

2023 Race Schedule

Unless stated otherwise, registration fee for each race is \$10, or \$1 for those 18 years old and under. "NAOC" means the race earns points toward the Nugget Alaskan Outfitter Cup. "JTRR" means the event is hosted by Juneau Trail and Road Runners

*****POSTPONED TO JUNE 8 THURSDAY – RACE DIRECTOR CLINIC**

START TIME: 6:00PM – 7:00PM

LOCATION: Valley Library

COST: Free!

CONTACT: Kym Mauseth, (907) 321-5966, juneautrailroadr@gmail.com

This is a mandatory clinic for anyone directing a JTRR event OR anyone using JTRR equipment for a fundraising event. All are welcome to join or share their knowledge regarding race organizing and directing.

FEBRUARY 11 SATURDAY – SWEETHEARTS RELAY - NAOC/JTRR

START TIME: 10:00AM

LOCATION: Savikko Park

DISTANCE: 2 legs of 1 mile each

CONTACT: Dan Robinson, 907-957-5589, robidanc@gmail.com

MARCH 18 SATURDAY – FLANAGAN’S RUN - NAOC/JTRR

START TIME: 10:00AM

LOCATION: Savikko Park

DISTANCE: 5 miles or 1 mile

REGISTRATION: Race day only, beginning at 9:30. Printable form available [here](#).

CONTACT: Randy Peterson, (907) 500-2313, randyjp@gmail.com

MARCH 25 SATURDAY – GLACIER 10K & 1 MILE - NAOC/JTRR

START TIME: 10:00AM for 1 Mile/ 10:30AM for 10K

LOCATION: Mendenhall Glacier Parking Lot

DISTANCE: 1 Mile or 10K

FEE: 19& older (18 & under) - \$15 (\$5) pre-register, \$20 (\$6) race day.

REGISTRATION: <https://www.raceentry.com/races/2023-glacier-10k-and-1-mile/2023/register>

CONTACT: Dwayne Duskin, 907-796-9440, tmhstrack@gmail.com

Proceeds benefit the TMHS track team

APRIL 15 SATURDAY - ALL-COMERS TRACK & FIELD MEET

Events will include 100 meter sprint...1 mile...relays...long-jump...shot-put and others...schedule of events to come.

CONTACT: Karlyn Welling (907)723-0951

APRIL 29 SATURDAY – PAVITT’S HEALTH & FITNESS RUN - NAOC/JTRR

START TIME: 9:00AM

LOCATION: Brotherhood bridge parking area

DISTANCE: 4 Mile or 1 Mile options

CONTACT: Paul DeSloover, 586-6709, pdesloover@yahoo.com

MAY 6 SATURDAY - MAGNIFICENT MENDENHALL MUDPUDDLE MEET - NAOC/JTRR

START TIME: 9:00AM

LOCATION: Auke Lake boat launch parking area

DISTANCE: 8 miles or 1 mile

CONTACT: Heather Parker (317)696-7803, heather.c.parker@gmail.com or
Quinn Tracy (907)322-5305, qgtracy@hotmail.com

MAY 20 SATURDAY – SPRING TIDE SCRAMBLE - NAOC/JTRR

START TIME: 8:00AM ****NOTE LOW TIDE START TIME****

LOCATION: Fish Creek Bridge (North Douglas Hwy) - there is a minus 3 tide at 8:22 a.m.

DISTANCE: 3 miles or 7 miles, *under 13 years old must have an adult partner*

CONTACT: Holly Handler, 907-321-9433, hollishandler@gmail.com

JUNE 3 SATURDAY – CAMERON CLARK MEMORIAL RUN - NAOC/JTRR

START TIME: 9:00AM

LOCATION: Lena Beach Picnic Area

DISTANCE: 5k and 1k fun run

CONTACT: Dan Robinson, 907-957-5589, robidanc@gmail.com

*****CANCELLED*** JUNE 3 SATURDAY – SEACOAST RELAY-NAOC/JTRR**

START TIMES: 9:00AM and 9:30AM

LOCATION: Start at UAS, finish at Eagle Beach

DISTANCE: Five leg relay (2.5 – 6 mile legs)

COST: \$12/runner

CONTACT: **RACE DIRECTOR NEEDED**

JUNE 17 SATURDAY – BEN BLACKGOAT MEMORIAL RACE - NAOC/JTRR

START TIME: 9:00AM

LOCATION: End of Basin Road At Perseverance Trail

DISTANCE: 2, 4, or 7 miles

CONTACT: Paul DeSloover, 586-6709, pdesloover@yahoo.com

JULY 1 SATURDAY – MIDSUMMER NIGHT RUN - NAOC/JTRR

START TIME: 6:00PM

LOCATION: False Outer Point Recreational Area

DISTANCE: 10K or 1 mile

CONTACT: Randy Peterson, (907) 500-2313, randylp@gmail.com

JULY 4 TUESDAY – GLENN FRICK MEMORIAL MILE

START TIME: 1/2 hour before the parade

LOCATION: Egan Drive near Foodland

DISTANCES: 1 mile

CONTACT: Tristan Knutson-Lombardo, (907)723-1772, tkl1289@gmail.com

FEE: Contribution of your choosing

Proceeds to benefit the Juneau High School Cross Country Teams

JULY 8 SATURDAY – GOLDBELT TRAM MOUNT ROBERTS TRAIL RUN - NAOC/JTRR

START TIME: 9:00AM

LOCATION: Mount Roberts lower tram parking lot

DISTANCE: approx. 3.5 miles (ascends 1,800 feet – finishes at the Cross)

CONTACT: Linda Kruger; 907-957-0335, lindalaska2003@gmail.com

JULY 15 SATURDAY – GOVERNOR’S CUP 5K & KIDS 1 MILE - NAOC/JTRR

START TIME: 5K @ 9:00AM/ 1 Mile @ 10:00AM

LOCATION: 5K Dimond Courthouse, 4th and Main Street

1 Mile next to Juneau Bone & Joint Center

DISTANCE: 5K and 1 Mile Race:

CONTACT: Justin Dorn, juneauphysicaltherapy@juneaupt.com

JULY 22 SATURDAY – JUSTIN FANTASIA MEMORIAL RUN 4 THE ROCK - NAOC

START TIME: 10:00AM

LOCATION: Pioneer Road

DISTANCE: 5K or 10K

COST: \$15 adults, \$5 18 years and younger

CONTACT: Sue York, 907-255-3662, slyak3@yahoo.com

Proceeds benefit Eldred Rock Lighthouse Preservation Association

JULY 29 SATURDAY – JUNEAU MARATHON/ DOUGLAS ISLAND HALF MARATHON - NAOC/JTRR

START TIMES: Marathon 7:00 a.m. (6:00 a.m. early start available)

Half Marathon 9:00 a.m.

LOCATION: Savikko Park, Douglas

DISTANCE: Marathon 26.2 miles; Half 13.1 miles (certified courses)

COST: Marathon \$85, Half \$55

CONTACT: David Epstein, (907) 209-7995, dave1013@gmail.com

AUGUST 6 SATURDAY – AUKEMAN TRIATHLON

REGISTRATION AND INFORMATION: <https://aukemantri.com>

CONTACT: Liz Smith, 907-957-6914, aukemantri@gmail.com

AUGUST 12 SATURDAY – NIFTY FIFTY - NAOC/JTRR

START TIMES: 7:00 AM for the 50K, 9:00 AM for the 25K and 10K

LOCATION: End of Basin Road at the Perseverance Trailhead

DISTANCES: 50k, 25k, or 10k

CONTACT: Keith Levy, 586-1427, keithblevy@gmail.com

COST: \$35 for 50k and 25k; \$10 for 10k

REGISTRATION: <https://ultrasignup.com/register.aspx?eid=3663>

FACEBOOK PAGE:

https://www.facebook.com/NiftyFiftyTrailRace/?view_public_for=942131269303712

AUGUST 19 SATURDAY – BEAT THE ODDS - NAOC

START TIME: 9:00AM

LOCATION: Riverbend School Covered Area

DISTANCE: 5K

CONTACT: Kym Mauseth, (907) 321-5966, kmauseth@acsalaska.net

Proceeds benefit Cancer Connection

AUGUST 24 THURSDAY – EAST GLACIER TRAIL TANGLE - NAOC/JTRR

START TIME: 6:00PM

LOCATION: Trailhead at east end of Valley Blvd (Under Thunder Trail)

DISTANCE: 1 Mile and 6.7 Miles

CONTACT: Karlynn Welling, 907-723-0951, rkwell@gci.net

SEPTEMBER 2 SATURDAY – EAGLECREST ROAD RACE - NAOC/JTRR

START TIME: 9:00AM

LOCATION: 0.9 miles up Eaglecrest Road

DISTANCES: 10, 5 and 1 mile road/trail options

CONTACT: Lacey Sanders, 907-209-8722, lacymae12@hotmail.com

Proceeds to benefit Juneau Ski Club

SEPTEMBER 9/8 – 9/9 – KLONDIKE ROAD RELAY - [Road Relay Race](http://RoadRelayRace.com) | Klondikeroadrelay.com

SEPTEMBER 23 SATURDAY – FRIENDS OF THE POOR 5K - NAOC

START TIME: 9:00AM

LOCATION: 9151 Glacier Hwy. (Thrift Store)

DISTANCE: 5K

CONTACT: Dave Ringle, (907) 321-7026, dave@svdpjuneau.org

Proceeds benefit St. Vincent DePaul

OCTOBER 28 HAUNTED HUSTLE FAMILY 5K

START TIME: 10:00 AM

LOCATION: TBD

DISTANCE: 5K

CONTACT: Tristan Knutson-Lombardo, (907)723-1772, tk11289@gmail.com

Proceeds benefit JDHS Yadaa.at Kale XC Running Team

OCTOBER 28 SATURDAY – HALLOWEEN HALF - NAOC/JTRR

START TIME: 10:00AM

LOCATION: North end of Douglas Hwy.

DISTANCE: 13.1 miles

CONTACT: Holly Handler, 907-321-9433, hollishandler@gmail.com

NOVEMBER 11 SATURDAY – VETERANS DAY RUN - NAOC/JTRR

START TIME: 10:00AM

LOCATION: Brotherhood Bridge parking lot

DISTANCE: 8K and 1 mile

CONTACT: Kirk Thorsteinson, 907-321-3026, kirkthorsteinson@hotmail.com

Proceeds to benefit VFW Taku Post 5559

NOVEMBER 23 THURSDAY – TURKEY TROT

START TIME: 10:00AM

LOCATION: Airport Dike Trail

DISTANCE: 5k or 1 mile

CONTACT: Tyra MacKinnon, (907) 723-9252, tyramsmith@aim.com

Proceeds benefit TMHS cross country and Glacier Swim Club