

# 2023 Race Schedule

***Unless stated otherwise, registration fee for each race is \$10, or \$1 for those 18 years old and under. "NAOC" means the race earns points toward the Nugget Alaskan Outfitter Cup.***

***"JTRR" means the event is hosted by Juneau Trail and Road Runners***

## **\*\*\*POSTPONED TO JUNE 8 THURSDAY – RACE DIRECTOR CLINIC**

**START TIME:** 6:00PM – 7:00PM

**LOCATION:** Valley Library

**COST:** Free!

**CONTACT:** Kym Mauseth, Kym Mauseth, (907) 321-5966, [juneautrailroadr@gmail.com](mailto:juneautrailroadr@gmail.com)

*This is a mandatory clinic for anyone directing a JTRR event OR anyone using JTRR equipment for a fundraising event. All are welcome to join or share their knowledge regarding race organizing and directing.*

## **FEBRUARY 11 SATURDAY – SWEETHEARTS RELAY - NAOC/JTRR**

**START TIME:** 10:00AM

**LOCATION:** Savikko Park

**DISTANCE:** 2 legs of 1 mile each

**CONTACT:** Dan Robinson, 907-957-5589, [robidanc@gmail.com](mailto:robidanc@gmail.com)

## **MARCH 18 SATURDAY – FLANAGAN’S RUN - NAOC/JTRR**

**START TIME:** 10:00AM

**LOCATION:** Savikko Park

**DISTANCE:** 5 miles or 1 mile

**REGISTRATION:** Race day only, beginning at 9:30. Printable form available [here](#).

**CONTACT:** Randy Peterson, (907) 500-2313, [randyjp@gmail.com](mailto:randyjp@gmail.com)

## **MARCH 25 SATURDAY – GLACIER 10K & 1 MILE - NAOC/JTRR**

**START TIME:** 10:00AM for 1 Mile/ 10:30AM for 10K

**LOCATION:** Mendenhall Glacier Parking Lot

**DISTANCE:** 1 Mile or 10K

**FEE:** 19& older (18 & under) - \$15 (\$5) pre-register, \$20 (\$6) race day.

**REGISTRATION:** <https://www.raceentry.com/races/2023-glacier-10k-and-1-mile/2023/register>

**CONTACT:** Dwayne Duskin, 907-796-9440, [tmhstrack@gmail.com](mailto:tmhstrack@gmail.com)

*Proceeds benefit the TMHS track team*

## **APRIL 15 SATURDAY - ALL-COMERS TRACK & FIELD MEET**

Events will include 100 meter sprint...1 mile...relays...long-jump...shot-put and others...schedule of events to come.

**CONTACT:** Karlyn Welling (907)723-0951

## **APRIL 29 SATURDAY – PAVITT’S HEALTH & FITNESS RUN - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** Brotherhood bridge parking area

**DISTANCE:** 4 Mile or 1 Mile options

**CONTACT:** Paul DeSloover, 586-6709, [pdesloover@yahoo.com](mailto:pdesloover@yahoo.com)

**MAY 6 SATURDAY - MAGNIFICENT MENDENHALL MUDPUDDLE MEET - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** Auke Lake boat launch parking area

**DISTANCE:** 8 miles or 1 mile

**CONTACT:** Heather Parker (317)696-7803, [heather.c.parker@gmail.com](mailto:heather.c.parker@gmail.com) or  
Quinn Tracy (907)322-5305, [qgracy@hotmail.com](mailto:qgracy@hotmail.com)

**MAY 20 SATURDAY – SPRING TIDE SCRAMBLE - NAOC/JTRR**

**START TIME:** 8:00AM **\*\*NOTE LOW TIDE START TIME\*\***

**LOCATION:** Fish Creek Bridge (North Douglas Hwy) - there is a minus 3 tide at 8:22 a.m.

**DISTANCE:** 3 miles or 7 miles, *under 13 years old must have an adult partner*

**CONTACT:** Holly Handler, 907-321-9433, [hollishandler@gmail.com](mailto:hollishandler@gmail.com)

**JUNE 3 SATURDAY – CAMERON CLARK MEMORIAL RUN - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** Lena Beach Picnic Area

**DISTANCE:** 5k and 1k fun run

**CONTACT:** Dan Robinson, 907-957-5589, [robidanc@gmail.com](mailto:robidanc@gmail.com)

**\*\*\*CANCELLED\*\*\* JUNE 3 SATURDAY – SEACOAST RELAY-NAOC/JTRR**

**START TIMES:** 9:00AM and 9:30AM

**LOCATION:** Start at UAS, finish at Eagle Beach

**DISTANCE:** Five leg relay (2.5 – 6 mile legs)

**COST:** \$12/runner

**CONTACT:** **RACE DIRECTOR NEEDED**

**JUNE 17 SATURDAY – BEN BLACKGOAT MEMORIAL RACE - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** End of Basin Road At Perseverance Trail

**DISTANCE:** 2, 4, or 7 miles

**CONTACT:** Paul DeSloover, 586-6709, [pdesloover@yahoo.com](mailto:pdesloover@yahoo.com)

**JULY 19 WEDNESDAY – MIDSUMMER NIGHT RUN - NAOC/JTRR**

**START TIME:** 6:00PM

**LOCATION:** False Outer Point Recreational Area

**DISTANCE:** 10K or 1 mile

**CONTACT:** Randy Peterson, (907) 500-2313, [randyjp@gmail.com](mailto:randyjp@gmail.com)

**JULY 4 TUESDAY – GLENN FRICK MEMORIAL MILE**

**START TIME:** 1/2 hour before the parade

**LOCATION:** Egan Drive near Foodland

**DISTANCES:** 1 mile

**CONTACT:** Tristan Knutson-Lombardo, (907)723-1772, [tkl1289@gmail.com](mailto:tkl1289@gmail.com)

**FEE:** Contribution of your choosing

*Proceeds to benefit the Juneau High School Cross Country Teams*

**JULY 8 SATURDAY – GOLDBELT TRAM MOUNT ROBERTS TRAIL RUN - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** Mount Roberts lower tram parking lot

**DISTANCE:** approx. 3.5 miles (ascends 1,800 feet – finishes at the Cross)

**CONTACT:** Linda Kruger; 907-957-0335, [lindalaska2003@gmail.com](mailto:lindalaska2003@gmail.com)

**JULY 15 SATURDAY – GOVERNOR’S CUP 5K & KIDS 1 MILE - NAOC/JTRR**

**START TIME:** 5K @ 9:00AM/ 1 Mile @ 10:00AM

**LOCATION:** 5K Dimond Courthouse, 4th and Main Street

1 Mile next to Juneau Bone & Joint Center

**DISTANCE:** 5K and 1 Mile Race:

**CONTACT:** Justin Dorn, [juneauphysicaltherapy@juneaupt.com](mailto:juneauphysicaltherapy@juneaupt.com)

**JULY 22 SATURDAY – JUSTIN FANTASIA MEMORIAL RUN 4 THE ROCK - NAOC**

**START TIME:** 10:00AM

**LOCATION:** Pioneer Road

**DISTANCE:** 5K or 10K

**COST:** \$15 adults, \$5 18 years and younger

**CONTACT:** Sue York, 907-255-3662, [slyak3@yahoo.com](mailto:slyak3@yahoo.com)

*Proceeds benefit Eldred Rock Lighthouse Preservation Association*

**JULY 29 SATURDAY – JUNEAU MARATHON/ DOUGLAS ISLAND HALF MARATHON - NAOC/JTRR**

**START TIMES:** Marathon 7:00 a.m. (6:00 a.m. early start available)

Half Marathon 9:00 a.m.

**LOCATION:** Savikko Park, Douglas

**DISTANCE:** Marathon 26.2 miles; Half 13.1 miles (certified courses)

**COST:** Marathon \$85, Half \$55

**CONTACT:** David Epstein, (907) 209-7995, [dave1013@gmail.com](mailto:dave1013@gmail.com)

**AUGUST 6 SATURDAY – AUKEMAN TRIATHLON**

**REGISTRATION AND INFORMATION:** <https://aukemantri.com>

**CONTACT:** Liz Smith, 907-957-6914, [aukemantri@gmail.com](mailto:aukemantri@gmail.com)

**AUGUST 12 SATURDAY – NIFTY FIFTY - NAOC/JTRR**

**START TIMES:** 7:00 AM for the 50K, 9:00 AM for the 25K and 10K

**LOCATION:** End of Basin Road at the Perseverance Trailhead

**DISTANCES:** 50k, 25k, or 10k

**CONTACT:** Keith Levy, 586-1427, [keithblevy@gmail.com](mailto:keithblevy@gmail.com)

**COST:** \$35 for 50k and 25k; \$10 for 10k

**REGISTRATION:** <https://ultrasignup.com/register.aspx?eid=3663>

**FACEBOOK PAGE:**

[https://www.facebook.com/NiftyFiftyTrailRace/?view\\_public\\_for=942131269303712](https://www.facebook.com/NiftyFiftyTrailRace/?view_public_for=942131269303712)

**AUGUST 19 SATURDAY – BEAT THE ODDS - NAOC**

**START TIME:** 9:00AM

**LOCATION:** Riverbend School Covered Area

**DISTANCE:** 5K

**CONTACT:** Kym Mauseth, (907) 321-5966, [kmauseth@acsalaska.net](mailto:kmauseth@acsalaska.net)

*Proceeds benefit Cancer Connection*

**AUGUST 24 THURSDAY – EAST GLACIER TRAIL TANGLE - NAOC/JTRR**

**START TIME:** 6:00PM

**LOCATION:** Trailhead at east end of Valley Blvd (Under Thunder Trail)

**DISTANCE:** 1 Mile and 6.7 Miles

**CONTACT:** Karlynn Welling, 907-723-0951, [rkwell@gci.net](mailto:rkwell@gci.net)

**SEPTEMBER 2 SATURDAY – EAGLECREST ROAD RACE - NAOC/JTRR**

**START TIME:** 9:00AM

**LOCATION:** 0.9 miles up Eaglecrest Road

**DISTANCES:** 10, 5 and 1 mile road/trail options

**CONTACT:** Lacey Sanders, 907-209-8722, [lacymae12@hotmail.com](mailto:lacymae12@hotmail.com)

*Proceeds to benefit Juneau Ski Club*

**SEPTEMBER 9/8 – 9/9 – KLONDIKE ROAD RELAY - [Road Relay Race](http://RoadRelayRace.com) | [Klondikeroadrelay.com](http://Klondikeroadrelay.com)**

**SEPTEMBER 23 SATURDAY – FRIENDS OF THE POOR 5K - NAOC**

**START TIME:** 9:00AM

**LOCATION:** 9151 Glacier Hwy. (Thrift Store)

**DISTANCE:** 5K

**CONTACT:** Dave Ringle, (907) 321-7026, [dave@svdpjuneau.org](mailto:dave@svdpjuneau.org)

*Proceeds benefit St. Vincent DePaul*

**OCTOBER 28 HAUNTED HUSTLE FAMILY 5K**

**START TIME:** 10:00 AM

**LOCATION:** TBD

**DISTANCE:** 5K

**CONTACT:** Tristan Knutson-Lombardo, (907)723-1772, [tk11289@gmail.com](mailto:tk11289@gmail.com)

*Proceeds benefit JDHS Yadaa.at Kale XC Running Team*

**OCTOBER 28 SATURDAY – HALLOWEEN HALF - NAOC/JTRR**

**START TIME:** 10:00AM

**LOCATION:** North end of Douglas Hwy.

**DISTANCE:** 13.1 miles

**CONTACT:** Holly Handler, 907-321-9433, [hollishandler@gmail.com](mailto:hollishandler@gmail.com)

**NOVEMBER 11 SATURDAY – VETERANS DAY RUN - NAOC/JTRR**

**START TIME:** 10:00AM

**LOCATION:** Brotherhood Bridge parking lot

**DISTANCE:** 8K and 1 mile

**CONTACT:** Kirk Thorsteinson, 907-321-3026, [kirkthorsteinson@hotmail.com](mailto:kirkthorsteinson@hotmail.com)

*Proceeds to benefit VFW Taku Post 5559*

**NOVEMBER 23 THURSDAY – TURKEY TROT**

**START TIME:** 10:00AM

**LOCATION:** Airport Dike Trail

**DISTANCE:** 5k or 1 mile

**CONTACT:** Tyra MacKinnon, (907) 723-9252, [tyramsmith@aim.com](mailto:tyramsmith@aim.com)

*Proceeds benefit TMHS cross country and Glacier Swim Club*