



PAVITT HEALTH & FITNESS 6.4K RUN

Race Date: April 27th

Start Time: 10:00am (registration begins at 9:00am)

Registration Location: Brotherhood Bridge Trailhead, or Pavitt Health & Fitness / 10004 Glacier Hwy prior to race day (cash or check only please)

Race Start and End Location: Brotherhood Bridge Trailhead

Race Contact: Joe Parrish / 907-789-5556 or joe@gopavitt.com

Cost: \$1 kids (under 15) / \$8 pre-race / \$10 race day

Course Description: 6.4K (4 miles) and 1 mile runs/walk

Begin at the Brotherhood Bridge Trailhead for both the 1 mile and 6.4K course. Both courses follow the "River" Trail and Montana Ck. Trail (6.4K) and return to the trailhead for the finish.

Pre/Post-Race: Racers are welcome to use the gym facilities and receive a free day pass and a smoothie for participating.

This race is part of the NAO Cup Series. All registration fees go to JTRR

Join Juneau Trail & Road Runners - JTRR: Go to www.southeastroadrunners.org

Distance

[] 6.4 K
[] 1 Mile

ENTRY FORM

SPONSORED BY

Pavitt Health & Fitness
RRCA SANCTIONED

ENTRY FEES:

\$1 Kids / \$8 pre-register / \$10 race day
Make checks payable to JTRR

LAST NAME _____ FIRST NAME _____

SEX M F AGE ON 7/01/24 DATE OF BIRTH _____ - _____ - _____
mo day year

MAILING ADDRESS:

STREET or BOX _____

CITY _____

STATE _____ ZIP _____ PHONE _____ Email _____

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Juneau Trail and Road Runner's club, the Road Runners Club of America, Pavitt Health & Fitness, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE _____

(UNDER 18 MUST HAVE PARENT OR GUARDIAN SIGN)

BIB NUMBER:

(for race officials only)