

# Spring Tide Scramble

**Race Date:** June 7 (Saturday)

**Start Time:** 9:00 AM (registration begins at 8:30)

**Location:** Fish Creek Bridge, North Douglas Highway

**Race Contact:** David Thomson, 586-1363, thomson@gci.net

## Course Description:

3 mile (out and back course): Fish Creek parking lot, around Bayview subdivision, onto the wetlands, cross the channel, to the end of the airport trail and back.

7 mile (loop): Fish Creek parking lot, cross N. Douglas Highway, up Fish Creek Trail, down Eaglecrest Road, down 9-Mile Creek Road, onto the wetlands, across the channel to the end of the airport trail, turn toward Fish Creek, cross the channel, around Bayview, finish in the Fish Creek parking lot.

\*All runners 13 years and younger must be accompanied by a partner.\*

join SERR: [www.southeastroadrunners.org](http://www.southeastroadrunners.org)  
announcements: <http://groups.yahoo.com/group/SERR>

## Distance

[ ] 3 Miles  
[ ] 7 Miles

## ENTRY FORM

SPONSORED BY

**Southeast Road Runners**

RRCA SANCTIONED

## ENTRY FEES:

**Kids 18 & under - \$1**

**Adults - \$5 pre-register, \$8 race day**

LAST NAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

SEX M \_\_\_\_\_ F \_\_\_\_\_ AGE ON \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_  
7/1/08 mo day year

## MAILING ADDRESS:

STREET OR BOX \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE \_\_\_\_\_

(UNDER 18 MUST HAVE PARENT OR GUARDIAN SIGN )

**BIB NUMBER:**

(for race officials only)