

Ben Blackgoat Memorial Trail Run

Race Date: June 23 (Saturday)

Start Time: 9:00 AM (registration begins at 8:30)

Location: end of Basin Road

Race Contact: Dianne DeSloover
586-6709
polywog@ak.net

Course Description:

Runners will go down Basin Road towards the flume before ascending the trail. You decide when to turn around! The distances are as follows:

2 miles – scenic viewpoint

4 miles – the double bridges area

7 miles – waterfall at the end of the trail

Distance

ENTRY FORM

Decide during the race!

SPONSORED BY

Southeast Road Runners
RRCA SANCTIONED

ENTRY FEES:

Kids 18 & under - \$1
Adults - \$5 pre-register, \$8 race day

LAST NAME _____ FIRST NAME _____

SEX M F AGE ON 7/1/07 DATE OF BIRTH - -
mo day year

MAILING ADDRESS:

STREET or BOX _____

CITY _____

STATE _____ ZIP _____ PHONE _____

WAIVER AND RELEASE: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official in order to safely complete the run. I assume all risks associated with running and volunteering to work in club races. I am aware of the risks, which include falls, contact with other participants, the weather, road or trail conditions, and traffic. I have read this waiver and know the facts about running and road and trail races. In consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive any right I may have to pursue an action against the Southeast Road Runners Club, the Road Runners Club of America, and all sponsors, and the representatives and successors of these entities, for liabilities of any kind arising out of my participation in club activities, even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Strollers, Dogs, Roller Blades, and Headphones are NOT allowed.

SIGNATURE _____

(UNDER 18 MUST HAVE PARENT OR GUARDIAN SIGN)

BIB NUMBER:

(for race officials only)

Join SERR!
forms available at:
www.southeastroadrunners.org